



# BRAIN INJURY ASSOCIATION OF MISSISSIPPI

## “Dash ‘n’ Splash” Race Saturday, June 27, 2015

Whether it's with super soakers, a giant slip and slide or water balloons, you are sure to get drenched during the “Dash ‘n’ Splash.” Bring your super soakers to join in the fun!

### When:

- 6:30 – 7:30 am ( Race day registration and packet pick-up)
- 8:00 am – 5K Run and Walk
- 9:00 am – 1 Mile Fun Run
- Early Packet Pickup:  
June 26, 2015 \* 10 am – 5 pm  
Fleet Feet, Ridgeland, MS

### Entry Fee:

- 5K Run & Walk - \$25 per person
- Fun Run - \$15 per person (Age 10 and under)
- Phantom Runner - \$25 per person
- Teams – Minimum 5 people per team

### Race Day Entry Fee:

- 5K Run & Walk - \$30 per person
- Fun Run - \$25 per person

**The first 200 people to register are guaranteed to receive a t-shirt.**

### Where:

- The course will begin at Old Trace Park, Ridgeland, MS and end at The Ridgeland Recreational Center.

### Awards:

- Overall Male and Female - 5K
- Overall Male and Female – Fun Run
- Largest Team Award
- Most Team Spirit Award

### Registration:

- Online Registration at [www.msbia.org](http://www.msbia.org)
- Entry forms that are mailed must be postmarked by June 12<sup>th</sup>. Online registration is available until June 24<sup>th</sup>.
- Mail to: Brain Injury Association of MS  
Post Office Box 55912  
Jackson, MS 39296-5912  
601-981-1021 (Phone)

**Circle Event:** 5K Run/Walk    Phantom Runner    Team 5K Run/Walk – Team Name \_\_\_\_\_

**Circle Shirt Size:** Adult    S    M    L    XL    XXL (add \$2 to entry fee above)

**Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_

**Gender:** \_\_\_\_\_ **Address:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ (    ) \_\_\_\_\_ **Email Address:** \_\_\_\_\_

### Release /Waiver

*I, the signee above, and its representative waive, release and forever discharge all rights and claims which may hereafter accrue as a result of the services provided by the Brain Injury Association of Mississippi and Pearl River Valley District Water Supply and any entity associated with the ones mentioned above. Any and all injuries or deaths suffered during this event are not the responsibility of either Entity. The signee and/or its representative knowingly assume all risk involved in this event. The signee and its representative will allow the Entities to use event photos, video and other media at their discretion. All participants must complete a registration form. All documents, costs and other proprietary information concerning this event are the sole ownership of the Entities.*

Participant's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Parent or Guardian (if participant is under 18 years old): \_\_\_\_\_



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